

Toledo *Track Report*

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High School News—Nike Outdoor Nationals

Kynard Wins National Title

GREENSBORO, NC – [Erik Kynard](#), the senior state record holder from Rogers High School, won the Nike Outdoor National high school championship in the high jump.

In the deepest year of scholastic boys' high jumping in well over a decade, he turned back [James White](#) of Grandview, MO, who is the only high schooler in the country with a better mark this year (7' 5¾") than Kynard's state record of 7' 4½".

Kynard, who does not appear fully recovered from a leg injury suffered last month, won the title on a high-pressure jump. White jumped without a miss through 2.10 meters (6' 10¾") while Kynard had several. Both missed their first attempt at 2.14 meters (7' ¼") and made their second. When White cleared his first attempt at 2.18 (7' 1¾"), Kynard wisely passed, as he was still behind on tie-breakers even if he made the height.

At 2.22 meters (7'3¼"), White missed all three attempts and Kynard missed his first two, making Kynard's final attempt at the height the deciding jump of the competition—which he made, giving him his first national outdoor title.

Kynard took three attempts at 2.26 meters (7' 5") but missed them all.

Kaiser, Pendleton Second

Bedford's [Nick Kaiser](#) and Whitmer's [Moise Frisch](#) made their first-ever head-to-head meeting in the 800 meters, as both were in the second-seeded heat out of four. Kaiser, second at the bell in 55.31, ran a negative-split second lap of 55.16, which won the heat and made him second overall. His time, 1:50.47, was a large improvement over his previous best set last week, moves him to #3 on the all-time state list, breaks his own sophomore state record, and makes him the 4th fastest sophomore in US history.

Frisch was just a step behind at 400 meters, but faded slightly in the second lap to take fourth in the heat and eleventh overall. His time of 1:52.71 is the second-best of his career.

Throwers never seem to get attention, and more so when success is regular. Woodmore senior [Erin Pendleton](#) took second in the discus throw (161' 6"), just one foot behind winner [Alex Collatz](#) of Bakersfield, CA. [Carly Pendleton](#), Erin's younger sister, was eleventh (131'). Earlier in the day, the pair competed in the hammer throw and came away with sixth (149' 10") and seventeenth (128' 10") respectively.

Area Athletes At Nationals

Several area athletes will compete at this weekend's USATF Junior and Senior National Championships in Eugene, OR. The top three in each event in the senior championships will represent the USA at the IAAF World Championships in Berlin later this summer (provided they make qualifying requirements).

In the women's 800 meters, Toledo resident [Katie Waits](#), the 2009 USATF indoor champion, is picked to take third by the experts at *Track & Field News*. The finals of her race will be carried live on NBC on Sunday at 4:44 PM.

Others slated to compete in the senior championships are Joe Allen, a Rogers graduate currently competing for the Shore Athletic Club of New Jersey, who will be in the long jump; [Erik Kynard](#), the local high school high jump standout; and [Emily Pendleton](#), a Woodmore graduate who has won two Big Ten discus championships for the University of Michigan.

Competing in the junior (under 20) championships will be [Justin Welch](#) of Eastwood High School, who will do triple duty in the shot put, discus throw and hammer throw; [Andy Hills](#), a St. John's graduate currently at Notre Dame, who is in the shot put; [Rachel Clay](#), a Rossford graduate currently at Miami University, who will run the 400 meters; [Courtney Weiss](#), a Perrysburg graduate currently at Ohio University, who will run the 400 meter hurdles, and high schoolers Erik Kynard of Rogers and Erin Pendleton, who will compete in the high jump and discus throw respectively.

Track & Field on TV

USATF Championships (live, HD)

Day 1: Friday, ESPN, 8 to 10 PM

Day 2: Saturday, ESPN, 7:30-9:30 PM

Day 3: Sunday, NBC, 4-6 PM

additional online coverage at flotrack.com

Canadian Championships (live)

CBC, Saturday, 4:30- 6 PM

About the Toledo Track Report

The Toledo Track Report is a free, not-for-profit weekly newsletter. To receive it in your e-mail, simply send a message to toledotrackreport@yahoo.com with the word "subscribe" in the subject line. Submissions, tips, information and so on are always welcome.

Chief compiler is Jesse Squire, who also writes at The Track & Field SuperBlog.